



Parenting Workshop

Parenting in the Digital Age

Tuesday, June 11, 2024 | 10 am - 11:30 am

*More suitable for parents and caregivers with school aged children 6-12 years old

Join us for a workshop on parenting in the digital age! Learn to set screen time limits and manage internet access in this rapidly changing technological landscape.

Join us as we explore:

- The impact of screen time on our brains
- Effective strategies for setting screen-time limits
- Transforming technology into a positive parenting tool

**Online
Workshop**



Scan or Click
to Register



FREE

Registration required to participate in this workshop!

Register now -
Workshop June 11 - 2024

www.bit.ly/springworkshopsps

In partnership with:



information
children

GOT QUESTIONS?

REACH US AT:

1-877-345-9777 (Toll-Free)
office@parentsupportbc.ca
parentsupportbc.ca