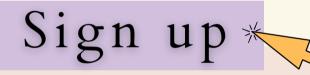


Consent & Boundaries June 8, 2022 (0-8yrs)

5:30-7:30pm Via Zoom



As parents and guardians, we can worry about keeping our children safe - whether that's from scrapes and bruises or hurt feelings. But what about protection from unsafe relationships and abuse? Body safety education can play a role in empowering children with preventative skills. We can teach our little ones to seek help or self-advocate if they feel unsafe or experience abuse.

In this foundational workshop, we will learn how to begin or continue practicing healthy boundaries, consent, and body safety. We will cover how adults can model safe relationships, pass along healthy body messages, and teach bodily autonomy. In this way, parents and guardians can create a home environment where there is an understanding of consent and a respect for the boundaries of self and others.

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